



PSHE Policy (Happy, Healthy, Safe)

Formally adopted by the:	The Clare School
On:	28th April 2023
Headteacher:	Rebecca Wicks
Approval level:	Headteacher
Committee:	N/A
To be Reviewed:	Spring Term 2024

Aims

The aim of personal, social, health and economic (PSHE) education, combined with Relationship and Sex Education (RSE) in our school is to ensure our children grow up 'Happy, health and Safe'. We will provide knowledge and skills that fit into these three core areas of study. Each of these areas will be broken down into themes - these are:

- Self-awareness
- Changing and growing
- Managing Feelings
- Self-care, support and safety
- The World we live in – (British Values)
- Healthy living
- Computer safety
- Money Matters

All the above are taught in each Year group at an age and stage appropriate level and progress at a pace suitable for each individual learner. Our whole school curriculum intent in PHSE/RSE is to support our pupils so that they are able to develop the knowledge, skills and attributes they need to manage their lives , now and in the future.

Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

For Primary pupils:

- We must teach relationships education under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance. (RSHE)
- We must teach health education under the same statutory guidance

For Secondary Pupils:

- We must teach relationships and sex education (RSE) under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance
- We must teach health education under the same statutory guidance

Content and delivery

What we teach

As stated above, we are required to cover the content for Relationships and Sex Education, as set out in the statutory guidance (linked to above). At the Clare School we combine PHSE and RSE - this enables a holistic approach which supports the curriculum intent for these two areas.

Our RSE Policy can be found on The Clare School website or a hard copy can be obtained from the main school office for further details concerning statutory guidance.

How we teach it

The curriculum content will be organised under three core areas – ‘Happy, Healthy and Safe’ and this will be the name of PSHE/RSE within our school. Pupils will easily relate to this name. Each term will focus on one of the core areas – Autumn term will be ‘Happy; Spring term will be ‘Healthy’ and Summer term will be ‘Safe’.

There are two main strands to our ‘Happy, Healthy, Safe’ teaching

- Discrete – Each class will timetable specific weekly ‘Happy, Healthy and Safe’ lessons with a minimum of ½ hr per week. (Some classes may decide to offer 1 hr over a two week timetable)
- Embedded – This is when opportunities arise naturally within any subject or activity which relates to keeping ourselves ‘Happy, Healthy and Safe’.

Strategies

A range of approaches will be utilised to deliver the curriculum which will enable all students to access the content appropriately for their stage of development, such as:

- Sensory
- Use of symbols/photos/objects of reference
- Visual aids
- Practical exploration
- Art/music/PE/Life skills
- Communication aids
- Games
- Stories/role play
- Small world play

Delivery

- There are two PSHE/RSE leads in school who support the implementation of the subject across the whole school. Regular input within staff meetings to ensure teachers are up to date with guidance and requirements.
- Secondary Formal have discrete lessons taught by one of the above leads.
- Primary, secondary semi-formal and pre-formal and Sixth Form are taught via their class teachers.
- EYFS – taught by the class teachers within the EYFS framework.
- Teachers can approach the subject leads or Headteacher to discuss any concerns they may have about their ability to teach any areas of this curriculum. Support and training will be put into place as appropriate.

Further opportunities

- Visitors – Relevant visitors will be invited to support specific content as appropriate eg – during ‘Happy’ we could have an experienced ‘Laughter Yoga’ coach to provide workshops.
- Trips – These will be organised to support the curriculum as appropriate eg – during ‘Healthy’ pupils could visit a dental practice or during ‘safe’ a visit to a fire station could be arranged.

- Special events – Classes can decide to mark events as appropriate for their students, eg Pride month, Black History month, or charity events such as Red Nose Day may be celebrated on a whole school basis.

Assessment

- Earwig will be used to assess, record and monitor progress

Roles and responsibilities

The Governing Board

The Governing Board will hold the Headteacher to account for the implementation of this policy. The Governing Board has delegated the approval of this policy to the Headteacher.

The Headteacher

The Headteacher is responsible for ensuring that PSHE/RSE is taught consistently across the school.

Staff

Staff are responsible for:

- Delivering PSHE/RSE in a sensitive way without judgement.
- Modelling positive attitudes to PSHE/RSE
- Monitoring progress
- Responding to the needs of individual pupils

Pupils

Pupils are expected to engage fully in 'Happy, Healthy and Safe' and, when discussing issues related to this area, treat others with respect and sensitivity.

Monitoring and Review Arrangements

The delivery of 'Happy, Healthy and Safe' is monitored by the PSHE/RSE subject leaders and the Senior Leadership Team through planning scrutinies, learning walks, moderation of assessment records and accreditation outcomes.

This policy will be reviewed as guidance from the DfE or Ofsted is updated, or as a minimum annually by the PSHE/RSE subject leaders. At every review, the policy will be approved by the Headteacher.

Links with other policies

This policy links to the following policies and procedures:

- RSE Policy
- Curriculum Policy
- Data and Assessment Policy

Table of changes

Date of change	Summary of update
28/4/23	New policy written